



HI FLYER

Atlanta-Decatur-Oxford District United Methodist Women

North Georgia Conference United Methodist Women

SPRING 2018

Message from our President



*"I will give thanks to the
Lord because of
His righteousness.
I will sing the praises
Of the name of the
Lord Most High.
Psalm 7:17*

Dearest ADOX Sisters,

Thank you for all that you do to live our United Methodist Women's Purpose.

I celebrate with you each hungry tummy that is fed, each cold body that is clothed, and each frightened child or youth who is helped to a safe environment.

I celebrate each pregnant mom who is provided health care, each empty soul that learns of the Gospel of Jesus Christ our Lord and Savior, as well as all of the many, many other things that you do.

I celebrate your tremendous generosity of your money, your time, and your heart.

I pretty much remain in constant awe that God allows me this opportunity to walk beside you. Thank you for your prayers, your encouragement, and your support. Thank you for being His wonderful daughters!

I am here for whatever you need.

Love, Kathy

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OUR PURPOSE

United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



Assembly 2018 is the official celebration of United Methodist Women's 150th Anniversary. Join us in honoring 150 years of transforming lives...

150 years of serving communities...

150 years of putting faith, hope and love into action

Up Coming Event

District Executive Meeting	April 28 (Kathy's home)
District UBUNTU Day	August 11 (North Decatur UMC)
UBUNTU Trip	August 17-18 (Murphy-Harpst Campus)

Atlanta Decatur Oxford District 2018 Executive Officers



Kathy Cook
President



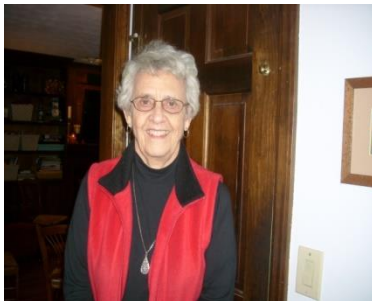
Mary Cannon
Vice President



Renee Farrar
Secretary



Cherie Richardson
Spiritual Growth



Jo Harbert
Education & Interpretation



Linda Flanagan
Treasurer



Karen Sandidge
Parliamentarian



Ricki Stroud
Social Action



Maxine Grant
Nominations Chair



Iris Green
Communications



Isabel DeSousa
Hispanic Coordinator



Ann Russell
Membership Nurture Outreach



Monty Aron
Program Resource

REPORTS FROM ADOX DISTRICT EXECUTIVE TEAM

Secretary: Renee Farrar

This beautiful prayer was shared with me and it reminds me to be still, to look up, to allow God to write my story and to accept His plan with open hands - I hope it encourages you as well.

This is another day, O Lord.

I know not what it will bring, but make me ready for whatever it may be.

If I am to stand up, help me to stand bravely.

If I am to sit still, help me to sit quietly.

If I am to lie low, help me to do it patiently.

And if I am to do nothing, let me do it gallantly.

Make these words more than words and give me the spirit of Jesus. Amen.

..as always, please let me know if there is something I can help you with.

Renee Farrar ADOX UMW Secretary rkfarrar@gmail.com

ADOX DISTRICT TREASURER ADDRESS NOTICE

ATTENTION ADOX UMW:

Please send your Remittance Report and or requests to:

Ms. Linda B. Flanigan

ADOX UMW District Treasurer

1966 Granade Rd. SW

Conyers, GA 30094

Email: with1passion2@gmail.com

Education and Interpretation News and Encouragement from Jo Harbert

What a great motto we have this year. The Power of BOLD! How can we be Bold in our Faith, in our Hope, in our Love! And especially BOLD in our Actions! As we look forward to more of what United Methodist Women are doing that relates to Educating this Spring and Summer, we have to encourage as many as can to go to Assembly in Columbus, Ohio, May 18 – 20. You only have the chance to join together with bold United Methodist Women from all across the U. S. A., and even from around the world once every 4 years and this is the year. It's not too late to register! Be bold! You can still register online at United Methodist Women Assembly 2018. But you have to hurry, because registration closes April 9. After you register, you need to contact Stephanie Dressler, our North Georgia UMW Vice President to reserve a hotel room.

Next you need to start thinking about and planning to attend Mission u at the Georgia Baptist Conference Center in Toccoa, GA, July 27 and 28. There will be some partial scholarships available for children, (6 – 12) and youth (13 – up). Send a request for a scholarship registration form to mission.registrar@att.net. The study topics this year will be Seeking Health and Wholeness – Spiritual Growth and What About Our Money – General study. These mission studies are always an exciting educational opportunity.

Finally, don't forget to use both The Prayer Calendar and Response Magazine to help interpret for your women how our giving is used by God through United Methodist Women. You can do this by having a response moment at every meeting, sending cards to mission personnel and using the calendar to pray for our mission personnel and the mission focus.

If you have any questions or comments contact me at jowharbert@gmail.com.

Social Action: V. Ricki Stroud

Social Action has been on the move (as usual) visiting various churches and being actively engaged. Thanks to the beautiful ladies at Clifton UMC, Bethany UMC, and Snellville UMC for the delicious food and super hospitality.

I would like to leave you with a few scriptures to ponder. Isaiah 1, Isaiah 58, Jeremiah 22, Amos 5, Micah 6, Matthew 25, and Luke 4. I'd like to jump ahead today and deal with

Matthew 25:31-46.

"When the Son of Man comes in his glory, and all the angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate people one from another as a shepherd separates the sheep from the goats. And he will place the sheep on his right, but the goats on the left. Then the King will say to those on his right, 'Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.'"

Program Resources: Marty Aron

I am enjoying my new position as your Program Resources person. I love reading and learning, and I have completed the United Methodist Women Reading Program for MANY years and attended Mission u, so this position is perfect for me.

I have a few copies of the new mission study books for sale for anyone interested. Some of you going to Mission u this July may want to read or look over the book ahead of time. I have both study books, Embracing Wholeness: An Earth Perspective for Covenantal Care, and What About Our Money? A Faith Response. I also have a few reading program books left for sale and one each of the present mission study books.

Please call or email me and I will be glad to give you prices and make arrangements to get the book(s) to you. You can reach me at marthana@comcast.net or 770-843-0295.



ADOX District would like to express our sympathy to Maxine Grant (Nomination Chair) in the passing of her mother Carrie Davis Gordon.

May you find comfort in knowing that you are in our prayers.



DISTRICT EVENTS

On February 10th the District President Breakfast was held at Clifton UMC. The ladies of Clifton were our gracious host. The installation of their officers was done by President Kathy Cook. Each officer was given a key representing their positions.

We heard from the Executive team members as each spoke regarding their positions, giving information, encouragement and support. There were 20 churches represented. It was a beautiful time of fellowship and fun



On Sunday March 18, the **District Lenten Service** was held at Snellville UMC. The Porch Band provided an afternoon of Spirit-filled Worship music. We were pleased to have our District Superintendent Dr. Quincy Brown and his wife present. Dr. Cantrell brought a short message, reminding us of how important

the United Methodist Women are to their churches. This organization started by 8 women and now is 800,000 women strong. Dr. Cantrell encouraged us to Pray Boldly. To Pray for the North Georgia Delegates who will be meeting in February 2019 for A Called General Conference. Our

churches and denomination need our prayers. We are God's people, we are to live Boldy and pray Boldy. During communion we were asked to pray for any individual who was receiving communion. Kathy presented an Special Mission Recognition pin to Dr. Cantrell.



Communications: Iris Green

ADOXUMW Webpage

<https://greenlilburn.wixsite.com/adoxumw>

Both issues of the previous & current Hi Flyers are on the
ADOXUMW website: greenlilburn.wixsite.com/adoxumw)

Send news for the Summer Hi Flyer: on or before June 10
to Iris Green

at greenlilburn@bellsouth.net
or 1930 Embassy Walk Lane,
Lilburn, GA 30047

UNITED METHODIST WOMEN NEWS

Snellville United Methodist Women- Candlelight Circle

Donna Gann

Each December the Candlelight circle places Christmas Trees in the church so that the members of Snellville UMC can decorate these with hats, mittens, gloves and scarves.



These items are distributed to 11 local Elementary Schools, our Latino Ministry and the Atlanta Women and Children's Shelter. We collected approximately 250 hats, gloves and scarves. We also collected 94 coats with the help of Melissa Spratling, a member of our congregation. Rev. Morales along with the school counselors were very pleased to receive these much needed clothing items to keep our children warm this winter.



Off and Running in the New Year for Christ

By: Maxine Grant



The Margaret L. Curtis unit of Ousley United Methodist Church is off to an awesome year! On the fourth Sunday of January we wore red to church in recognition of the cause to stop Human Trafficking and Heart Disease in Women. There was overwhelming participation by the women of our unit.

On the second Saturday of February, ten women attended the

President's Breakfast hosted at Clifton Springs United Methodist Church in Atlanta (Gail Jenkins not pictured). The Fellowship was priceless and lots of pertinent information for



upcoming events was disseminated by President Kathy Cook. We have lots to look forward to this year.

Our Vice President, Yolanda Womack, has come up with a very inventive way for our unit to raise money for missions this year. Instead of saving our loose change for the year, we now contribute each month. For the months of January and February we contributed \$.25 for each pair of shoes we own; March, \$1.00 for each child; April \$5.00 for each grandchild. We wait anxiously for the next criteria! Who knows what she has planned?



It's that time again! Chairpersons, Cecilia Toby, Rutheen Majette-Nejad and Pamela Williams are already hard at work planning our **Spring Yard Sale**. The Yard Sale is scheduled for Saturday, May 5, 2018 from 7:00 am until 4:00 pm. The rain date is Saturday, May 12, 2018. Vendor space is available. Sign up now! **Truck space is \$50.00 and Tables are \$35.00.** Vendors must provide your own tables. If you are interested, please call: Ousley United Methodist Church at (770) 981-0180. Who knows? You may have

another man's treasure. Our proceeds will go to missions locally and globally. Hope to see you there!

Mountain Park United Methodist Women

We are having a blessed Lenten Season here at Mountain Park. I pray that all of you are as well. We had our first board meeting of 2018 on January 27th at the home of Sheila Woodruff. We had a good business meeting and a wonderful planning session. It was followed by some great fellowship as we enjoyed a soup and sandwich lunch.



Our local unit was able to deliver a total of 152 Easter Baskets to DFACS and the Lilburn Co-op.

Thanks to Jeanette Bell and Beth Arnold for making that happen. Also during March we have partnered with our United Methodist Men in a magazine drive to benefit the day shelter for women and children at Grace UMC.

In April we are planning a Ladies Spring Luncheon for all the ladies of Mountain Park. This luncheon will be a tie in as we observe Membership March. Our hope and goal will be to bring in more ladies as members to our local unit. On April 27th our circle Women of Faith will sponsor our team from

MPUMC for the Lilburn Relay for Life.

Happy Easter to all because we know this story has a glorious ending!
Love and Blessings, Sheila Woodruff

East Lake United Methodist Women

The East Lake local unit had an excellent year. At our March meeting, the North Georgia Conference President, Tryphenia Speed, brought a unique message on “What It Means to Be A United Methodist Women.” We also added new members at the meeting.

We donated household items, to the United Methodist Children’s Home.

We participated in the Linen Shower to benefit the Murphy-Harpst Children’s Home . Our unit also made a monetary donation to Murphy-Harpst to be used for Christmas gifts for the children.

We ended the year with a Christmas luncheon held at Parker’s on Ponce. The luncheon was well attended, including our pastor, Reverend Jesse G. Gordon, a member of Cascade UMW, friends and children. We had good food, fun, gifts and fellowship.

Brenda DeVeaux

Snellville United Methodist Women- Faith Circle



PRAYER SHAWL MINISTRY

Years ago the Prayer Shawl Ministry was started in Snellville UMC to offer comfort to people who were very sick, hospitalized or suffering from loss of loved ones. A shawl was knitted or crocheted and then placed in a decorative bag and given to a person along with a little note stating someone was praying for them.

After receiving a prayer shawl from a friend, a Faith Circle member found other ladies willing to help start this mission at Snellville UMC and after many knitting/crocheting lessons and much trial and error, together these ladies made twelve shawls the first year, 24 the next year and continued to grow over the years. Later a retired lawyer joined the group of knitters! The ministry also grew to include prayer blankets for men, baby blankets for babies born with medical problems and larger sized blankets for children with cancer or other major medical problems. In recent years, we expanded the baby blankets to include as a gift when a baby is baptized at Snellville UMC.

Over the years others have joined our group by donating decorative bags and tissue paper for packaging the shawls and periodically UMW members supply yarn or give money for yarn to be purchased to help this ministry stay alive. About once a quarter all items that have been

knitted/crocheted are brought to a Faith Circle meeting and members pray over the items before they are distributed. This ministry covers not only our church but people in our neighborhoods and even out of state. It is a way we have found to be the hands and feet of Christ to bring comfort to His people.

Karen Sandidge: Faith Circle Chair.

Zoar United Methodist Church



The Women of Zoar's UMW are nothing if not resourceful. From sledge hammers to crochet needles, the UMW ladies of Zoar are always willing to take on any project. When the church leadership voted to renovate the restrooms downstairs from the Sanctuary, the decision was made to have volunteers complete the demolition to save money. The UMW ladies stepped up, not only providing lunch for the volunteers but also donning work gloves and dust masks to help the men with the work! They smashed sheetrock and hauled construction debris away from the site. There was a lot of laughter and good hearted fellowship during the project (and sore muscles afterward).



When not knocking down walls, the ladies of Zoar participated in two needlepoint mission projects. In February the ladies joined other Gwinnett church groups to knit and crochet red baby caps for the "Little Hats – Big Hearts" project. The project donates red infant caps to babies born in February to coincide with Heart Health Month. Each red cap is knitted with love and reminds each new family about the importance of heart health. In March the ladies started work on Breast Cancer Pillows which will be donated next month to local hospitals where they will be given to Cancer Patients struggling with this terrible disease.

Our Dorcas Circle put together Blessing Bags for homeless women served at the Salt Light



Center, in Lawrenceville. Salt Light is part of the Family Promise organization who works tirelessly to help homeless families in Gwinnett County. Each over-night guest at the Salt Light Center is provided with a Blessing Bag each morning when they leave. Every bag contains enough food to feed one person 3 meals for one day.

In January the UMW Women of Zoar kicked off the beginning of the year with a wonderful program on Climate Justice, led by Beth Bond of Southeast Green. Everyone enjoyed this inspirational program. As Beth said, "We are people of Faith called to serve our neighbors and as Christians, everyone is our neighbor." That sentiment ran through all of our activities in the first 3 months of this year. The ladies continued the good fellowship with other UMW women in

our district by attending the “Fun, Faith and Everyone” meeting on March 10th, the District Lenten Service at Snellville UMC on March 18th and the President’s Breakfast in February.

Rhonda Jameson rhondamedia12@bellsouth.net.

Cedar Grove United Methodist Women

The latter part of 2017 brought some growth and accomplishments for the Esther Dorcas UMW of Cedar Grove. We had two ladies pledge to our unit, their willingness to join, serve and support our purpose was a true blessing.

In addition, a major yearlong project which was spearheaded by two of our unit members was completed. They introduced a Healthy Living Awareness Program to our church, children, and our community. They organized and conducted classes that taught healthy eating habits and foods, arranged free weekly exercise classes, food prep classes with a nutritionist and provided weekly informative reading materials that helped us create and live a healthy life, after all, our Lord wants us to be healthy in body and spirit.



We also completed our hands on project for 2017 by putting together close to 100 bags that had water, snacks, toiletries and socks. We hand delivered them to our brothers and sisters in the downtown Atlanta homeless district.



We welcomed 2018 with our new district theme to be “Bold” in our faith and love and put it into action. Our hearts were so warmed by the appreciation from our homeless, that we continued collecting items. Since the cold weather had arrived we included in our packets hats, gloves and scarfs. With the support from our fellow church members we collected 250 units (30 bags). We delivered them to the Atlanta Mission Day Shelter in February. It always brings us great joy to help our children, in February several of our unit sisters volunteered to read to some students at Barack Obama Elementary School. We also were able to donate a gift to help support children that needed a little assistance for a field trip the school had planned. It’s Spring and our unit is excited about hosting our Annual Community Yard/Fish Sale on Saturday April 28th starting at 9:00am. Proceeds from the fun event go to support UMCOR and our Homeless.

Valerie Willis, President

St Timothy United Methodist Women



When 23 St. Timothy's women gathered for their annual weekend retreat, they hand- made approximately 50 greeting cards, up-cycling old cards and adding personal greetings. About half were sent to Murphy-Harpst to be used as needed for the residents and the other half were sent to missionaries.

Women were instructed to find a missionary (in the back of the Prayer Calendar) who shared a birthday and send a greeting card to the missionary. Besides the craft project and the study *Preparing Ourselves for Mission*, led by Pastor Tanya Pittman, the women enjoyed an hour-long yoga session, music and singing and of course delicious food!

Blessings,
Emily Grossman

The Decatur First UMW

Circle 12 came through in grand style by delivering much- needed lingerie to Breakthru House just in time for Valentine's Day. In almost all cases, the women who come to Breakthru House arrive with only the clothes on their back. This is a wonderful opportunity to help them begin their new journey with dignity and promise.

Donations included 93 pairs of panties, 27 bras, 3 pairs of socks and some sheets. Shervese Jordan of the organization said these are important items that are rarely donated. Circle 12 members hope this gift will bring comfort and hope to its recipients.



Sandra Stewart Kruger

MUJERES METHODISTAS UNIDAS LATINAS



Isabel De Sousa, Coordinadora de las Mujeres Metodistas Latinas del Distrito ADOX

Renueva tu cuerpo y tu espíritu en esta temporada de primavera.

Cuando la primavera me viene a la mente, pienso en renovación, nuevo comienzo, transformación, provisión, aprendizaje, paz, etc.

¿Qué mejor momento hay para renovar que la primavera? con la llegada de la primavera, podemos comenzar a salir de ese lugar de autoprotección y esperar nuevos comienzos de renovación de nuestros cuerpos y espíritus. Para hacer esa transición, tenemos que estar dispuestos y ser lo suficientemente valientes como para soltar nuestros viejos patrones y problemas de supervivencia que nos mantienen atascados, y abrazar la energía cambiante y el potencial de manifestación de la primavera. Una temporada que Dios nos dio para que tomemos gran ventaja.

Aprendemos de la Biblia que nuestros cuerpos son el templo del Espíritu Santo. Entonces tenemos que usar nuestros cuerpos y los dones que Dios nos ha dado para alcanzar los deseos de Dios y hacer buenas obras para Su Honor y Gloria.

1 Corintios 6:19-20

¿O ignoráis que vuestro cuerpo es templo del Espíritu Santo, el cual está en vosotros, el cual tenéis de Dios, y que no sois vuestros? Porque habéis sido comprados por precio; glorificad, pues, a Dios en vuestro cuerpo y en vuestro espíritu, los cuales son de Dios.

Para renovarnos espiritualmente uno debe seguir orando todos los días, leer y estudiar la Biblia todos los días pues la palabra de Dios nos alimenta espiritualmente, involucrarse en un o

mas grupos ministeriales, mantenerse en comunión con Dios todo el tiempo o sea, debemos hacer de Dios nuestra prioridad.

En conclusión, debemos pedirle a Dios que nos ayude a tomar esta temporada de primavera como una oportunidad de acercarnos mas a Dios, de participar en algunos servicios comunitarios, atendiendo simultáneamente a nuestro medio ambiente así como a nosotros mismos. Ayudemonos a escribir el capítulo de nuevos comienzos en esta primavera para crear resultados positivos en todas las áreas de nuestras vidas.

“Nuestro Propósito”

Mujeres Metodistas Unidas es una comunidad fuerte de las mujeres cuyo propósito es conocer a Dios y experimentar la libertad como personas completas por medio de Jesucristo; para desarrollar una beca de apoyo creativa; y para ampliar los conceptos de misión a través de la participación en los Ministerios Globales de la Iglesia



GOD WHISPERS

The man whispered God speak to me.
And a Meadowlark sang -but the man did not hear.



So the man yelled God, speak to me. And the thunder rolled across the sky,

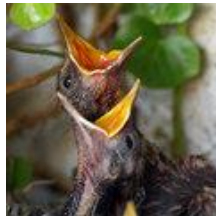


but the man did not listen.

The man looked around and said, God, let me see you,
And the sun shined brightly. But the man did not see.



And the man shouted, God, show me a Miracle
And a life was born, but the man did not notice.



So the man cried out in despair and said: God touch me and let me know you are here;
Whereupon God reached down and touch him.



But the man brushed the butterfly away and walked on.

This is a great reminder of the way God is always around us in the Little Things. Don't miss out on a Blessing because it is not packaged the way you expect.

ATLANTA- DECATUR- OXFORD DISTRICT 2018 CALENDAR
North Georgia Conf. United Methodist Women Calendar dates in italic

January 29	District Lunch & Learn Mission Study (Snellville UMC.)
February 10	President's Breakfast (Clifton UMC, 9-1pm)
<i>March 10</i>	<i>Faith, Fun, Everyone</i>
March 18	District Lenten Service (Snellville UMC)
<i>March 23</i>	<i>149th United Methodist Women Anniversary</i>
April 21	District Mission Study (Columbia Drive UMC)
April 28	District Executive Meeting (Kathy's home)
<i>May 18-20</i>	<i>National Assembly (Columbus, Ohio)</i>
<i>June 12-14</i>	<i>NGC Annual Conference (Athens)</i>
<i>June 13</i>	<i>UMW Breakfast (Classic Center, Athens)</i>
June 30	Local Unit Reports due to District President
<i>July 26-28</i>	<i>Mission u, Georgia Baptist Conference Center/Toccoa</i>
August 1	District President's Annual Reports due to Conference Secretary
August 11	District Executive Meeting (North Decatur UMC) District UBUNTU Day (North Decatur UMC)
August 17-18	District UBUNTU Trip (Murphy-Harpst Campus)
September 15	District Lunch & Learn Mission Study (Allgood Road UMC)
<i>October 6</i>	<i>UMW Annual Meeting, Rome First/Rome</i>
October 13	District Annual Meeting Training Event (need host church)
October 15	Local Unit Officers and Dates due to Conference Secretary
<i>November 1</i>	<i>District Officers and dates due to Conference Secretary</i>
<i>November 3</i>	<i>Leadership Development, John Creek UMC/John Creek</i>
December 8	District Executive Meeting (Kathy's house)